# WHY IS EYE & FACE PROTECTION NECESSARY?

Figures show that 50% of construction workers will suffer a serious eye injury during their career. This includes injuries and conditions such as impacts and burns. Research also suggests up to 90% of all workplace eye injuries are preventable with correct use of eye protection (Safety & Health Practitioner, 2020).

Workplace hazards can have serious, long-term effects on eye health and vision. Below are examples of some of the potential effects of harmful light and impact risks encountered in the workplace.



# **EYE AND FACE INJURIES**



Hard, sharp flying particles pose a risk to exposed eye and face area while working. Debris, such as dust particles produced when using a staple gun, can enter the eye and cause damage and irritation.

## **BLINDNESS**



Partial or total blindness can be caused by exposure to UV radiation, blue light, and infrared. Blindness can occur suddenly or more gradually, for example as the result of a cataract.

# **BURNS**



Hot solids and molten metals, particularly a risk when grinding, welding or working in a foundry environment, can result in serious burns and eye injuries.

# **VISUAL COMPLAINTS**



Caused by UV radiation, sunglare, irritation or injury. Often temporary but can lead to long-term problems.

# **PHOTOKERATITIS**



Inflammation of the cornea caused by UV radiation. Snow blindness is an extreme form of photokeratitis.

### PTERYGIUM



Pterygium is a growth on the cornea. It is caused by excessive exposure to sunlight, wind, or sand.